Mapping Questions

In Part 2, you will start your local research. Before you start, it is good to know all of the team’s questions. This will help you organize your research.

In this task, the team will learn about and organize your questions for research in later parts.

1. Each team member should think about what more they would like to know about food and nutrition.
2. Make a list of all the questions you have or would like to explore about food and nutrition. Remember, they should be written as questions.
3. Think, Pair, Share the questions you developed.
4. As a team, make a list of these questions.
5. Go to the Task 1-8 folder to get the question map.
6. Look at the question map. This map already has some boxes filled with questions.
   - The top question in the dark blue box is the problem question around which you are trying to create solutions: How do we ensure good nutrition for all?
   - The green boxes under the problem question create columns related to the Research Guide parts. You will also see a final column where you can put questions that don't seem to fit under any of the other columns right now.
   - The light blue boxes are some different questions you will need to explore to help develop your solutions to the main problem question.
7. As a team, using this question map, take the list of questions created by the entire team and start placing each one under one of the columns.
8. Discuss as a team where you think each question best belongs. Remember, you can always move the questions later in your research. So put them in the last column for now if you are not sure.
9. Remove any repeat questions. Each question only needs to be on the map once.
10. Combine any questions that go together.

This question map will help guide your research in the following parts.

Whenever you are discussing questions at the bottom of the map, think about how they might help you answer the problem question at the top: How do we ensure good nutrition for all?
Part One Debrief

Congratulations!
You have completed Part One of your research.
Give yourself a pat on the back.
The team should now have a better understanding of the team and the food problem.
But, do not worry if you are confused or not sure about anything.
Things will become clearer as we research more.

As you see in your question map from Task 1-10, there are many questions we still need to explore.
These questions will guide our exploration of our local community.
This exploration will help us understand the problem better in our local community.
This will also help us develop solutions we think are the best for our community.
Just remember, every community is different.
The answer is not always the same for every place in the world.
But remember, all of this work is focused around our problem question:
How do we ensure good nutrition for all?

The next part of your research will focus on mapping the team research site(s).
Then you will survey people in your research site to see what they know about food.
Then you will use this information to start developing ideas for solutions.

This may be confusing.
But do not worry.
It will all make sense as you complete the tasks. Just remember, the team is here to help.

Continue to Part 2: Community
Notes:
Part 1. Problem

What are the different identities of people on our team?
What are the different global and local food-based issues that are impacting people around the world?
What are the different perspectives we need to consider when exploring this problem locally?
What evidence could we collect to help define food and nutrition-related problems in our community?

Part 2. Community

Where can we focus and map our research in the community?
What do people in our local community think and know about food and nutrition?
What are the connections between culture, identities, histories, and food in a community?
Who are local people, organizations, and associations that can provide valuable information related to this problem?

Part 3. Building Blocks

What are different foods and diets people eat to meet their daily needs?
What are the basic food groups of good nutrition?
What are the characteristics of the food at different access points in the community?
How are portion and serving size useful to manage nutrition?

Part 4. Access + Storage

Where are all of the access points for food in the community?
What are the different local and global cooking tools and techniques?
How do local and global ingredients and recipes compare to meet dietary needs?
What are techniques to ensure food safety and manage the spread of food-borne illnesses?

Part 5. Cooking + Preservation

What are different local and global food preservation techniques?
What are different food storage techniques used locally and globally?
What are the different nutritional guidelines and how are they used locally and globally?
What are the local and global food connections that may impact food and nutritional security?

Part 6. Food Security

What impacts do food advertising and news have on food and nutritional security?
What impacts do changes in population and urbanization have on food and nutritional security?
What impacts do changes in economic and social dynamics have on food and nutritional security?
What impacts do changes in the environment have on food and nutritional security?

Part 7. Action Plan

What other questions should we ask to learn more about food and nutrition in our local community?
What data from our community research could help inform our action plan?
What actions do we think people should take to address the local food issues?
What are ways we can share and communicate our action plan with the local community?

What other questions should we ask to learn more about food and nutrition in our local community?