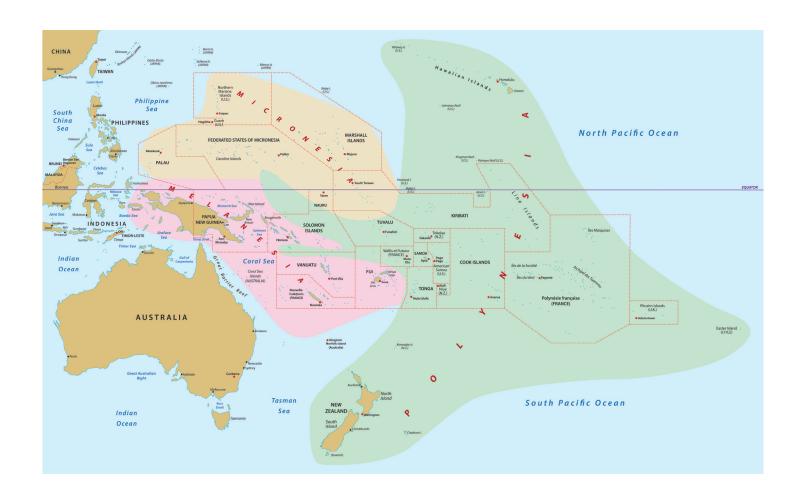
Based on evidence, historians believe that the Polynesian Islands were settled from west to east by seafaring people between 3,000 and 1,000 years ago. Historians believe that before that time, there were no humans on the islands.





A recent scientific study compared a sweet potato from Polynesia with a sweet potato from South America. Based on evidence from the study, the authors concluded that the ancestors of those two sweet potatoes have been separate for more than 100,000 years. This suggests that sweet potatoes have been in Polynesia for more than 100,000 years.



